

Adventuress Sea Kayaking – Skills for Nanaimo Paddlers 2023

All skill courses taught by Jan Kretz, owner of Adventuress Sea Kayaking and a certified guide and Paddle Canada Instructor. Jan has been a member of Nanaimo Paddlers since 1999 and was on the board for 10 years. Contact Jan for more info: adventuress@shaw.ca. 250.755.6702. www.adventuress.ca.

Trip Planning 101 For Paddlers

This is an introductory course for those new to planning a day or overnight kayaking trip. It is also a good refresher for those who have more experience and gives you lots of tips and handy checklists to fine tune your paddling plans.

By the end of the course you will learn: Pre-trip planning, self and group assessment, categories of trips, how to select a launching location, paddling route and camping destination, introduction to weather, charts, tides & currents; how to pack and outfit your boat for safety and comfort, what gear to wear and bring, how to be a green camper, safety and emergency protocols, meal planning, local areas where you can camp and enjoy beginner overnight and day trips.

On Zoom, Two Saturdays, April 1 & 8th: 10am-12pm \$59