

Paddlers Post

voice of the Nanaimo Paddlers Club



February 2009

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Kalavati Gloria Yates left for Kerala, India on January 15, 2009., where she plans to spend a year. She will be living in the above complex. Her flat is level with the palm trees in the bldg on the left on the other side facing the morning sun , all of India, and the “backwaters” a tidal river system that the area is famous for.

She has promised to keep in touch, so that we will be able to find out what she is doing.

2008-09 Executive

- President **Stephanie Meinke**
sjmeinke@shaw.ca
250-951-2283
- Vice President **Glen Lewis**
joanlewis@shaw.ca
250-468-1453
- Secretary **Brian Parsk**
bwparsk@telus.net
250-729-0038
- Treasurer **Janice McAllan**
jmcallan@shaw.ca
250-729-7021
- At Large **Dawn Dunphy**
Dawn-d@shaw.ca
250-753-1957
- Tom Hazewinkel**
hazewinkel@shaw.ca
250-468-9705
- Stephan Meinke**
smeinke@shaw.ca
250-951-2283
- Ted Oldham**
toldham@direct.ca
250-390-2540
- David Ursulak**
solstice2@shaw.ca
250-751-3634

2008-09 Officers

- Membership **Jan Kretz**
Jan@adventuress.ca
250-755-6702
- Reale Emond**
reale_emonde@telus.net
250-760-0170
- Paddlers Post **Gloria Saunders**
gloria.saunders@shaw.ca
250 722 2738
- Programs **Gloria Martens**
gamartens@shaw.ca
250-751-0930
- Safety **Darrin Moloney**
ornest@shaw.ca
250-248-3104
- Social **Amy Pavelich**
amy-nan@shaw.ca
250-756-2241
- + **Gloria Martens**
- Trips **Ian Whitmore**
iwhitmore@shaw.ca
250-753-6350
- Webmaster **Stephan Meinke**



For Sale

WHITE'S JANE 12
with relief zipper
never worn.
Good fit for a woman 5'4',
130 +/- 5lbs.
Price \$80 firm
paid \$149 plus taxes.
Dave, 250 751 3634
(Please, no calls before 9am
or after 10pm.)

For Sale

one year old kayak
Phoenix by Extreme Interface
Length 17'5" Width 24.85'
Excellent Condition
Price \$1,900. (includes paddle)
Call Francine
250-668-2047

PROGRAMS

Feb 4th: Guest Speaker: Doug Taylor

Part 2 - An adventurous and informative slide show presentation of a successful and well-planned circumnavigation expedition of Vancouver Island. Find out how Doug and his partner Jonathan Reggler completed their excursion safely and what challenges they've overcome. Discussion will include what gear works, loading your kayak, wilderness camping, charts, and cooking, etc...

March 4th: Gear Swap Event

Come and join us for a fun evening!

RULES

- Gear must be clean and in good working order or identified as broken
- Large items can be displayed in meeting room (Kayaks)
- Label each item (Name & price)
- Each person is responsible for their own gear

IDEAS FOR TABLE ITEMS

- CLOTHING: Fleece, socks, hats, gloves, shorts etc....
- KAYAKING GEAR: PFD lifejackets, spray shirts, paddle floats, seat pads, paddles, kayaks, tow ropes etc...
- WATERPROOF ITEMS: Wet or dry suits, dry bags, food boxes, chart cases, boots, dry shorts, etc...
- CAMPING EQUIPMENT: stoves, tents, lights, pots and pans, fishing gear, water purifier, camp chairs, air pump etc..

NAVIGATIONAL EQUIPMENT: compass, charts, books, VHF radios

April 1st: Guest Speakers: Dan Lewis and Bonny Glambeck

Join Dan Lewis and Bonny Glambeck from Tofino, BC, for an entertaining and informative slide show about their sea kayaking adventures in the Great Bear Rainforest on BC's north coast. The couple has been exploring this area over the past three summers. This show will feature their 2007 trip.

See the incredible beauty of the area, and learn about the ecology of the temperate rainforest. You'll hear stories of their encounters with a variety of wildlife including the rare Spirit Bear and Humpback whales, as well as their visits to both modern and ancient Tsimshian villages.

Towing - Final Installment

by Jan Kretz

How to Tow

Step 1: Hooking Up

- Paddle up to boat to be towed, lean on it for support, attach line to bow toggle
- Carabiner quickest and easiest form of attachment
- Or use bowline or figure 8
- Other end should already be attached to person towing or the middle of his/her kayak with some form of quick release system so it can be unhitched quickly in an emergency
- Don't tie a line to your stern toggle. You won't be able to reach it to undo it in an emergency; also, towing from the stern is much less efficient than towing from the centre of your kayak. A line that's attached to the back of your boat tends to jerk your stern from side to side every time it gets pulled taut, making steering difficult.

Step 2: Paying Out the Line

- Paddle away carefully and slowly at first, paying attention to where the line is and how it is paying out. Going slowly will ensure that loose rope does not get wrapped around your paddle or the rudder.
- Check for knots!
- Once the line is paid out and taut, try to keep some tension on it, even if you stop to rest, to avoid getting tangled in the loose line.

Step 3: Unhooking and Stowing a Tow Line

- When you are ready to unhook the line, you may need to do so quickly. If a strong wind is blowing or a current is running, you don't want to drift backward while unhooking and lose all the hard-won water you just gained.
- Tip – the tow line will be running on one side of your stern or the other; and it is easier to turn to that side before pulling in the line. Have the paddler aim his bow at your cockpit so you can lean on it again while you undo the tow line.
- As soon as you are unhooked, urge the paddler to continue, so he doesn't lose ground.
- "Flake" the line (gather the line in a series of S-shaped bends) instead of wrapping it in a circular loops. Loops tend to tangle.
- Don't leave loose line sitting on your lap. In case of your capsize this could be dicey.

Saturday—January 17, 2009
Submitted by David Ursulak

Fog was the by-word of the paddle, add in cold while you're at it.

In spite of Mother Nature's reluctance to shine any sun on us we didn't do badly, in fact it was actually enjoyable. The water was calm and we could see enough to make the paddle worth while; at least a dozen sea lions pulled out on the log booms set up a raucous racket warning us away. One old critter, much louder than the others sounded, like he had a raw throat. Several left the logs to check us out from the water. There were numerous birds on the water and in the air. It was almost ethereal, gaggles of geese crossed through the mist overhead without a sound while flocks of others rose off the water flying with wings whistling.

We had nine boats, including two canoes; (Richard & Joanne, Ted & Margaret) Ken, Glenn, Ursula, Ian, Joan, myself. Richard Sevenich brought his double along with a friend, Anne. Elli was stuck at home with a cold. We put in at the Jib and due to heavy fog, decided to do the shoreline of Northwest Bay hoping the fog would lift by the time we made Madrona Point. It didn't.

Joan suggested we paddle to Craig Creek. Had a tea break on the shoreline below the gazebo at Pacific Sands before going a short distance up the creek. The water level was high enough but couldn't go very far, a fallen tree blocked our way and we weren't in the mood for a portage. The poor visibility coupled with near freezing temperatures encouraged us to cut the trip short.

We cleared Madrona Point and at Ted's suggestion, set course 080 magnetic for Cotnam Point. Couldn't see a thing until trees loomed up out of the mist. Ted's course was bang on. Lunch on the beach, back to the Jib and off to The Rocking Horse for those who had built up a thirst and were able

